PBPK modeling to inform drug exposure in breastfeeding infants

Shinya Ito, MD Hospital for Sick Children, Toronto, CANADA

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Highlights

Targetpopulation



- Issues prime for PBPK modeling
- Why PBPK may be the best?



Exclusive Breastfeeding is important (even if the mother receives medications).

BREASTFEEDING IS THE STANDARD

Cognitive function

Kramer et al. Arch Gen Psy 2008 Belfort et al. J Ped 2016





AAP. Pediatrics 2012 Gorlanova et al. J Ped 2016



Cancer risks 1

Stuebe et al. Arch Int Med 2009

Exclusive Breastfeeding

Many professional organizations recommend exclusive breastfeeding for about 6 months,

with continuation of breastfeeding for 1 year or longer as mutually desired by mother and infant, a recommendation concurred to by the WHO and the Institute of Medicine.

Policy statement: Breastfeeding and the use of human milk. Pediatrics 2012;129:e827–e841

Infant drug exposure through breast milk is relatively low in most cases.

DRUG EXPOSURE OF BREASTFEEDING INFANTS

Drug Exposure of Breastfed Infants





Drug Exposure of Breastfed Infants



Plasma [C] vs. Milk [C]

Plasma fluoxetine



Milk fluoxetine



Panchaud et al. Clin Pharmacol Ther 2011

Plasma [C] vs. Milk [C]



Zheng et al. Br J Clin Pharmacol 2013

llett et al. Br J Clin Pharmacol 2008

MP (milk-to-plasma) ratio MP ratio of drugs is mostly 1 or lower



Ito and Koren. Br J Clin Pharmacol 1994

Drug Exposure of Breastfed Infants



Drug Exposure of Breastfed Infants



Michaelsen et al. Am J Clin Nutr 1994

Infant Daily Dose via Milk

Fluoxetine



Panchaud et al. Clin Pharmacol Ther 2011

Escitalopram



Delaney et al. Clin Pharmacokinetics 2018

Drug Exposure of Breastfed Infants



Infant Exposure: escitalopram



Delaney et al. Clin Pharmacokinetics 2018 18



Milk/infant PK prediction must address "outliers".

TOXICITY CASE: <u>A STORY OF OUTLIERS</u>

Toxicity case

- Mother: Tylenol #3 (codeine 30 mg + acetaminophen 500 mg) for 2 weeks postpartum.
 - 2 tabs Q12H: 1 tab Q12H from Day 2 on.
 - Somnolence and constipation
- A term healthy baby: breastfed
 - Poor feeding and lethargy Day 7 on
 - Dead at Day 13

Toxicity case: cont'd

- Stored milk samples: morphine 86 ng/ml
 - Typical milk morphine levels after repeated codeine (60 mg Q6H): 2-20 ng/ml

150 ml/kg/day x 100 ng/ml = 15 *micro*gram/kg/day (Neonate IV maintenance dose: 100 *micro*gr/kg/day)

Toxicity case cont'd

• Stored milk samples: morphine 86 ng/ml

- Typical m Mother: CYP2D6 UM eated codeine (60 mg Q6H): 2-20 ng/mi

150 ml/kg/day (Neonate IV n 100 / 15 jcrogram/kg/day 0 microgr/kg/day)

Koren et al. Lancet 2006;368:704

Multiple study approaches exist. STUDY APPROACH

What information do we need?

- Estimate of *Infant Plasma [C]*: neonates
 - Its variation and probability (frequency)
- Toxicity risk factors
- For both
 - marketed drugs; and
 - drugs under development

Conventional study approach Case reports/series



1. Population PK modeling approach



2. popPK – *inf* PBPK modeling approach



3. *MM-Infant* PBPK modeling approach

Mother-Milk PBPK Infant PBPK

Challenges

Mother-Milk PBPK

Pregnancy-Postpartum PK Transition: ? Time *profiles*





Challenges

Infant PBPK

Feeding impact on PK



Le Guennec and Billon. Pediatrics 1987

PGX profile development

